

Des Moines Area Community College

Kinesiology & Exercise Science

For students planning to transfer to UNI and major in Kinesiology and Exercise Science, the following plan of study is generally recommended:

1. Complete an Associate of Arts (A.A.) at Des Moines Area Community College
2. Complete ALL of the following courses at DMACC (as electives within the A.A. degree):

UNI COURSE	UNI NAME	DMACC COURSE	DMACC NAME
KINES 2050	Anatomy & Physiology of Human Movement	BIO 168 AND BIO 173	Anatomy & Physiology I AND Anatomy & Physiology II
KINES 3186	Studies in Kinesiology	BIO 151	Nutrition

NOTES FROM AN ADVISOR

All prospective Kinesiology & Exercise Science majors are also encouraged to complete the following as part of their A.A. degree: a General or Intro to Biology course, a General or Intro to Physics course, a Statistics course.

All prospective Kinesiology & Exercise Science majors are also encouraged to complete an Intro to Psychology course as part of their A.A. degree.

FOR MORE INFORMATION:

DEPARTMENT OF KINESIOLOGY
104 Wellness & Recreation Center
Phone: 319-273-6854
Email: fabio.fontana@uni.edu